



## Dominican Retreat 2008 Theme Retreats

**Rejoice in hope, be patient under trial, persevere in prayer.  
(Romans 12:12)**

June 28, 2008 through June 29, 2009 has been designated by Pope Benedict as a special year dedicated to Saint Paul. Our retreat theme, a phrase chosen from Paul's most significant and influential letter, Romans, not only honors Paul, it encapsulates how our life should be lived in God.

Romans 12 through 15 is Paul's exhortation for living our life in the Body of Christ, instructing us how to live as Christians. Romans 12:12 "celebrates our assurance of faith." We live as we believe. Our life in God is a journey in freedom. Hope, patience and perseverance free our spirit to overcome darkness, disappointment and discouragement. Living with hope, patience and perseverance enables us to place our trust in God. "Those who trust in God shall understand truth and abide with him in love." (Wis 3:9) God is ever faithful and will not abandon us when we place our faith and trust in him. (1 TH 5:24) For Mark tells us, "everything is possible for the one who believes/trusts." (9:23)

Rejoicing in hope, being patient in all our difficulties and persevering in prayer is living our life in imitation of Christ. It is behavior that allows the promised *gift of peace* to dwell in our hearts. Trials and difficulties transform us; "by the Holy Spirit even suffering is transfigured." (1Pt 4:14) Our life then becomes a "witness" to our faith and a sign of our love for God and his people. We will be more and more "transformed into the image of Christ as we move from glory to glory;" (Col. 1:10) and "we will shine as lights in the world" of darkness. (Phil 2:15)

Our general weekends focus on the House theme each year. The theme offers retreatants a touchstone for personal prayer and reflection while on retreat. The Director's talks and Sisters' prayer services will incorporate the theme as a source of inspiration for retreatants.

Typically, retreats begin Friday evening at 7:30 p.m. (after supper) and conclude Sunday at 3:00 p.m.

**Theme weekends include: (sample schedule below)**

- Daily talks by the Director

- Prayer Services
- Reconciliation Service & opportunity for Confession
- Daily celebration of the Eucharist
- Time for private Prayer & Meditation
- Small Groups
- Opportunity to meet with the Director and Sisters one-on-one

Suggested offering for a weekend retreat is \$240; a deposit of \$60 is requested with your reservation. Deposits are non-refundable but may be transferred to another program for up to one year.

## **2008 Women's Theme Weekends**

### **Dates**

Feb. 29 – Mar 2

Mar 14 – 16 (Palm Sunday)

Apr 4 - 6

Apr 11 -13

Apr 18 - 20

May 16 - 18

June 6 - 8

Oct 3 - 5

Dec 5 - 7 (silent)

## **Weekend for Senior Women**

Aug. 29 – 31

## **Weekends for Spanish Speaking Women**

Mar 28 - 30

Sept. 19 - 21

## **2008 Men's Theme Retreat Weekends**

Jan. 18 - 20

Oct. 17 - 19

Oct. 24 - 26      Spanish Speaking Men

## Sample Weekend Schedule:

### **FRIDAY**

7:15 p.m.	Arrival/Registration	
8:00	Welcome/Introductions	(Lounge)
	Orientation	
	Eucharist	(Chapel)

### **SATURDAY**

8:00 a.m.	Rising	
8:30	Morning Prayer	(Chapel)
9:00	Breakfast	(Quiet Meal)
10:00	Conference	(Chapel)
	Exposition of the Blessed Sacrament	
12:45 p.m.	Benediction	
1:00	Lunch	(Quiet Meal)

Peaceful time for rest/relaxation/reflection

3:00	Rosary	
3:45	Optional Small Groups	
4:45	Liturgy participants meet in Chapel	
5:00	Eucharist	(Chapel)
6:00	Dinner	
7:00	Conference	(Lounge)
	- Break -	
8:00	Reconciliation Prayer Service	(Chapel)
	(followed by Confessions)	

### **SUNDAY**

7:45 a.m.	Rising	
8:00-8:45	Continental Breakfast	(Quiet)
9:00	Morning Prayer	(Chapel)
9:45	Conference	(Chapel)
11:30	Brunch	
12:30 p.m.	"Hope for the Journey"	(Lounge)
1:15	Promoter's Meeting	(Piano Alcove)
1:45	Liturgy participants meet in Chapel	
2:00	Eucharist	(Chapel)