

Anger's Journey Into Love: Praying with Hard Emotions

Weekend Retreat for Women & Men

June 13-15, 2008

7:15 p.m. Friday to 12:30 p.m. Sunday

Directed by Fr. Bill Sneck, S.J.

How does one pray with hard emotions?

Do we shy away from them and hide them from God who already knows our struggles?

This weekend we will bring those hard emotions to God in prayer.

Praying with hard emotions that are difficult to understand, live with and direct is something we can learn and practice. "Anger's journey into Love" describes the evolution of our natural angry reactions to people and life situations into joy-filled, loving responses. Together in a supportive environment we will journey toward wholeness.

Combining insights from the traditions of spirituality and psychology, Fr. Bill offers participants a chance to face some of their pain, think & pray it through, and encounter others with similar human struggles. The retreat will include: presentations, time for guided reflections, small group discussions, and opportunity for the sacrament of reconciliation, morning and evening prayer services, and a vigil mass on Saturday evening.

The Director:



Father Bill Sneck, S.J., Ph.D., is a Jesuit priest, licensed psychologist and university professor. Currently, Fr. Bill is a staff member at the Jesuit Center for Spiritual Growth in Wernersville, PA. Fr. Bill has been conducting workshops and retreats concerning the "hard" emotions since 1978.

Reservations/Offering

The offering for this weekend retreat is \$240.00 which includes a \$60 non-refundable, transferable deposit. We rely on donations to cover the difference between our actual cost and the average offering we receive. We ask that those who can be more generous, please do so. The retreat offering includes all meals and accommodation during your stay.