

From the Big Screen to Dominican Retreat!

The Big Question: How to Let Go of a Grudge

January 8-10, 2010
A weekend retreat/workshop

Facilitated by Fr. Frank Desiderio, C.S.P.



In 2008 Paulist Productions released a timely documentary of profound significance – “**The Big Question: A Film About Forgiveness**” - a project of Fr. Frank Desiderio, then president of Paulist Productions. It was shown at film festivals across the nation and won awards for “Best Documentary” at both the Breckenridge and Santa Fe film festivals.

Each day we are bombarded by tragic events that can leave deep physical, spiritual, and psychological scars on all of us. The film contains such stories and the people involved who have found the resilience, faith, power, and the right tools to work toward forgiveness.

“The Big Question” explores the spiritual and scientific benefits of forgiveness and includes interviews with Bishop Desmond Tutu, Sr. Helen Prejean, the Venerable Thich Nhat Hanh, and Native American Hopi Elders.

As a touchstone the film will be shown at the start of the weekend. From there participants will be led through the **Five Steps of Letting Go** of hurt, anger, resentment, and revenge and learn how to become a more forgiving person.

Combination retreat and workshop, the weekend will include several interactive group sessions with Fr. Frank, time for personal reflection and prayer, celebration of Mass, an opportunity for Confession, and a prayer service for healing and forgiveness.



Frank Desiderio C.S.P., as President of Paulist Productions, executive produced more than twenty-five hours of television documentaries and movies. His credits include the movie “Judas”. His film, “The Big Question: A Film About Forgiveness” launched him into a new ministry of forgiveness and reconciliation. Father Frank was so affected by the wisdom and healing that pervades the film, that he has begun offering workshops throughout the country on this topic.

Prior to television ministry, Father Frank was a parish priest, director of campus ministry, radio producer, and director of the Paulist Seminary in Washington, DC. He holds advanced degrees in Communication Management and Theology. A popular Parish Mission Preacher and Producer, he is also a poet whose works have appeared in journals & newspapers in US and Canada.

Retreat Offering: \$275.00 (inc.\$75.00 deposit)

Early Bird Special!

Register by December 1, 2009: Register early and your total offering will be \$250.00! We ask for a \$75.00 deposit with your reservation.

Dominican Retreat
7103 Old Dominion Drive
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