

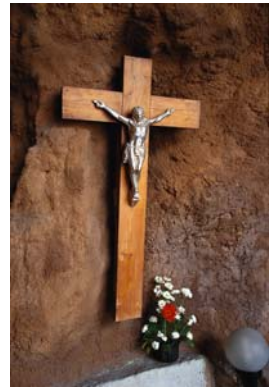
Prayer In Secret

(Matthew 6:6)

Centering Prayer Retreat for Women and Men

May 14-16, 2010

Directed by Fr. Bill Sheehan, O.M.I.



As we reflect upon our desire to grow in our relationship with God it can be helpful to recall Jesus' words, "But when you pray go to your inner room, close the door and pray to Your Father in secret and Your Father who sees in secret will repay you." (Mt. 6:6)

With this foundational text present to us and within the context of centering prayer, we will explore the questions, "How do I begin to access my inner room?" "What begins to happen when we access our inner room?" Join us for this quiet weekend of contemplative prayer in an atmosphere of silence and solitude.

Centering Prayer is a quiet, contemplative way of praying. It invites you to sit in a silent way and open yourself to God's presence and action within you. This retreat is open to beginners and to those who wish to deepen their commitment to Centering Prayer as integral to their relationship with God.

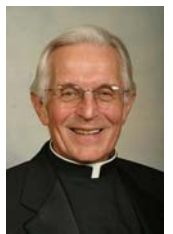
Besides periods of Centering Prayer, presentations about Centering Prayer, and opportunities for questions and sharing, the schedule for the weekend will also include celebration of the Sacraments of Reconciliation and daily Eucharist.

Please Note: In addition to this Centering Prayer Weekend we will offer a 6-Day Intensive Centering Prayer Retreat October 29-November 3, 2010. The extended retreat is open to those with a regular practice of Centering Prayer.

The suggested offering for this weekend retreat is \$250.00, including a \$75.00 deposit with your reservation.

The Director:

Rev. Bill Sheehan, OMI, is an experienced and beloved retreat director. He has been involved with Contemplative Outreach since 1983, practicing centering prayer and guiding others in this way of prayer for more than 25 years. Fr. Bill has a rich background as a pastor, director of ministry to priests, novice director, director of formation, provincial, and director of the Oblate House of Theology. Previously stationed in Washington, D.C., Fr. Bill now lives in an Oblate House of Prayer in Massachusetts.



Dominican Retreat
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