

### **Dominican Retreat Mission Statement**

To provide a place of prayer, a holy space, and well-planned and executed programs for individuals and groups to touch the holy and to find peace and renewal.

### **DIRECTIONS**

#### **Off of I-95 North or South**

Follow I-495 West then  
Take Exit 46B toward McLean  
Follow Rt. 123 North to the 5th traffic light  
Turn left onto Old Dominion Drive  
Proceed 1/4 mile to the retreat entrance on the left.

#### **From Washington D.C.**

Cross Chain Bridge.  
Turn right onto Rt. 123(Immediately over bridge).  
Proceed about 4 miles then turn right onto Old Dominion Drive.  
Proceed 1/4 mile to the retreat entrance on the left.

#### **Off of the George Washington Parkway**

Take Exit for Rt. 123 turn right at top of ramp.  
Proceed about 3 miles then turn right onto Old Dominion Drive.  
Proceed 1/4 mile to the retreat entrance on the left.

## *The Loving Search for God*



### **Centering Prayer Retreat**

**June 1-3, 2012**

**Directed by**

**Fr. Bill Sheehan, O.M.I.**

**Dominican Retreat**  
7103 Old Dominion Drive  
McLean, VA 22101  
703.356.4243  
[www.dominicanretreat.org](http://www.dominicanretreat.org)

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**Centering Prayer** is a quiet, contemplative way of praying. It invites you to sit in a silent way and open yourself to God's presence and action within you. This retreat is open to beginners and to those who wish to deepen their commitment to Centering Prayer as integral to their relationship with God.

This retreat is for both women and men and will include periods of Centering Prayer, presentations on **Centering Prayer, The Cloud of Unknowing** and **The Loving Search for God**. There will be opportunities for questions and sharing, and the schedule for the weekend will also include the Sacrament of Reconciliation and daily Eucharist.

**Please Note:** In addition to this Centering Prayer Weekend we will offer a 6-Day Intensive Centering Prayer Retreat July 6-11, 2012. The extended retreat is open to those with a regular practice of Centering Prayer.

### Cost

The suggested offering for this weekend retreat is \$250.00, including a \$75.00 deposit with your reservation. The deposit is non-refundable but may be transferred to another retreat for up to one year.

## Centering Prayer Retreat

June 1-3, 2012

7:15 p.m. Friday to 3:00 p.m. Sunday

In the 14th Century an unknown author penned *The Cloud of Unknowing*, an outline of the process of contemplative meditation. In the 1970's, after having read *The Cloud of Unknowing*, Fr. William Meninger began teaching the ancient practice of contemplative meditation. Now referred to as Centering Prayer, many have incorporated the practice into their prayer life, deepening their intimate and personal experience of God's love.

Father Meninger's book, "*The Loving Search for God*," is an effort to bring the message of *The Cloud of Unknowing* to men and women of the 21st Century.

### The Director

Rev. Bill Sheehan, OMI, is an experienced and beloved retreat director. He has been involved with Contemplative Outreach since 1983, practicing centering prayer and guiding others in this way of prayer for more than 25 years. Fr. Bill has a rich background as a pastor, director of ministry to priests, novice director, director of formation, provincial, and director of the Oblate House of Theology. Previously stationed in Washington, D.C., Fr. Bill now lives in an Oblate House of Prayer in Massachusetts.

### Reservations are Required

Deposit Amount: \$75.00

### Centering Prayer Retreat, June 1-3, 2012

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Have you made retreat here before? \_\_\_\_\_

Do you require a main level bedroom? \_\_\_\_\_

**Method of Payment** (check one)

Check

VISA/MasterCard

**Total amount of Check or Charge: \$** \_\_\_\_\_

Credit Card \_\_\_\_\_

Exp. Date \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

**Dominican Retreat**

**7103 Old Dominion Drive**

**McLean, VA 22101**

**Tel. 703.356.4243 • Fax 703.893.4502**