

*In Quiet and In Trust
Your Strength Lies*

Isaiah 30:15



**Lenten Day of Reflection
for Women & Men**

**Tuesday, February 28, 2012
9:30 a.m. - 3:00 p.m.**

with Fr. Donald Heet, O.S.F.S.

**DOMINICAN RETREAT
7103 Old Dominion Drive
McLean, Virginia 22101
703.356.4243
www.dominicanretreat.org**

Reflect, Refresh, Renew

A day at Dominican Retreat nurtures mind, body, and soul. During Lent it is an opportunity to reflect on Jesus' journey among us and to strengthen our relationship with God. The schedule for the program gives input from the Director and Dominican Sisters balanced by time for personal prayer and also, fellowship over lunch.

Our Days of Reflection begin at 9:30 a.m. and conclude at 3:00 p.m. The schedule will include conferences, quiet time, Eucharist (Mass), Sacrament of Reconciliation, and lunch.

The Director:

Fr. Donald Heet, O.S.F.S teaches preaching and pastoral theology at The Catholic University of America. He has done numerous workshops for lectors in the Diocese of Arlington and the Archdiocese of Washington. Father Heet is a gifted preacher and man of prayer who shares a deep love for proclaiming the Word of God.

For more information on this program you may call the Retreat House at 703.356.4243.

To make a reservation, please use the form in this brochure and mail to Dominican Retreat or you can call us to make one using a credit card.

**Suggested Offering: \$45 per day,
\$5.00 discount for Seniors
\$20.00 deposit required with reservation**

Reservation Form

Deposit: \$20.00 for each program

Program: Tuesday, February 28, 2012

Name

Address

City

State

Zip Code

Home Phone

Work Phone

Payment Method:

Check VISA/MasterCard

Amount of check or charge: \$_____

Name on credit card

Credit Card Number

Exp. Date

Signature

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