



Behold, I make all things new.

Rev. 21:5

February 13-15, 2009

Friday 7:30 p.m. - Sunday at 3:00 p.m.

Each year, Dominican Retreat selects a Scripture phrase to use as the theme for our general women and men's retreats.

Our 2009 weekend will focus on the above Scripture from Revelation. This offers retreatants a touchstone for personal prayer and reflection while on retreat. The Director's talks and Sisters' prayer services will incorporate the theme as a source of inspiration for retreatants.

At some point during retreat a subtle change occurs. Perspectives shift and an individual's life and purpose come back into focus. Retreatants leave the weekend feeling refreshed in mind, body, and spirit and with a greater sense of clarity.

The weekend includes:

- Daily talks by the Director
- Prayer Services & Daily Mass
- Reconciliation Service & Opportunity for Confession
- Time for Prayer & Meditation
- Small Groups
- Opportunity to meet with the Director and Sisters one-on-one
- Saturday meals, Sunday breakfast and lunch.

The Director:

Elias O'Brien, O.Carm. is a Friar stationed at the Carmelite Community in Washington DC, doing research into Carmelite spirituality. He has studied in Washington DC, and in Rome, England and Ireland. Ordained in 1986, he has worked in parishes, school and seminary teaching, retreat houses, and formation ministry in his own community.

Suggested offering for a weekend retreat is \$250; a deposit of \$75 is requested with your reservation. The deposit is non-refundable, but may be transferred to another retreat for up to one year.