

*With the Dawn Rejoicing:  
A Christian Perspective on Pain and Joy*

**Day of Reflection & Prayer**

**Monday, February 9, 2009**

**9:30 a.m. – 3:00 p.m.**



**Directed by Sister Melannie Svoboda, SND**

God is speaking to us always in all ways: in our sorrows and joys, disappointments and successes, our fears and hopes, and we believe that God speaks to us in our pain in a special way.

Who among us hasn't felt joy and pain in life? These are among our universal human experiences. For some pain is minor; for others it is a constant companion. Some life experiences are a mixture of joy and pain, such as child birth or finally achieving our dream of climbing a mountain. This paradox of joy and pain is one of the great questions of a life fully lived. In this day of prayer and reflection we will engage in a deeply spiritual exploration of how we as people of faith can face this pain and joy. You will find encouragement for anyone dealing with suffering, whether physical, psychological, or spiritual. Our reflections are rooted in scripture and real life. Recently diagnosed with a rare autoimmune disorder, Sr. Melannie speaks about pain and joy from personal experience and with deep wisdom.

The day includes; Conferences, Personal and Group Prayer experiences, Lunch, Discussion, and Mass.

The offering for the day is \$45.00. We ask for a non-refundable \$20.00 deposit with your reservation.

**Sister Melannie Svoboda, SND** is an educator and the former Provincial of the Sisters of Notre Dame of Chardon, Ohio. She is author of *With the Dawn Rejoicing*, *When the Rain Speaks*, *Traits of a Healthy Spirituality*, and other books and articles. She currently writes, directs retreats, and gives talks.