

Dominican Retreat Mission Statement

To provide a place of prayer, a holy space, and well-planned and executed programs for individuals and groups to touch the holy and to find peace and renewal.

Dominican Retreat
7103 Old Dominion Drive
McLean, VA 22101
703.356.4243
www.dominicanretreat.org

DIRECTIONS

Off of I-95 North or South

Follow I-495 West then
Take Exit 46B toward McLean
Follow Rt. 123 North to the 5th traffic light
Turn left onto Old Dominion Drive
Proceed 1/4 mile to the retreat entrance on the left.

From Washington D.C.

Cross Chain Bridge.
Turn right onto Rt. 123 (Immediately over bridge).
Proceed about 4 miles then turn right onto Old Dominion Drive.
Proceed 1/4 mile to the retreat entrance on the left.

Off of the George Washington Parkway

Take Exit for Rt. 123 (McLean), turn right at top of ramp.
Proceed about 3 miles then turn right onto Old Dominion Drive.
Proceed 1/4 mile to the retreat entrance on left.

Finding Your Hidden Treasure



Intensive Centering Prayer Retreat

July 6-11, 2012

**Directed by
Fr. Bill Sheehan, OMI**

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July 6-11, 2012

7:00 p.m. Friday - 11:00 a.m. Wednesday

Open to women and men

The Schedule will include:

- Several Periods of Centering Prayer daily
- Conferences by Fr. Bill
- Opportunities for questions/sharing
- Sacrament of Reconciliation
- Daily Mass

For those attending Fr. Bill's program on *The Welcoming Prayer* during the day on July 6, you will be able to check into your rooms at 3:30 p.m. However, we do not serve dinner on Friday evening and the Retreat House Staff are not available between 5-7:00 p.m.

Our Director



Fr. Bill Sheehan is a well known and beloved retreat director. A native New Englander, Fr. Bill was ordained an Oblate of Mary Immaculate in 1965 in Washington, DC. He received a MA in Religion and Personality from Duquesne University. In 1983 he participated in Father Thomas Keating's initial Intensive Centering Prayer Retreat and served as a board member of Contemplative Outreach, the organization founded by Fr. Keating. Fr. Bill has led many Centering Prayer workshops and retreats in different parts of the country. In the past Fr. Bill also served as Director of Formation for a Lay Ministry Program in Miami and as Director of Ministry to Priests Program there. He has been Director of Novices for his community and the Provincial of their Eastern American Province. Fr. Bill also has a rich background as a pastor and Director of the Oblate House of Theology. He currently ministers out of Lowell, MA.

Meister Eckhart, the 14th century mystic taught: "You need not seek him out there. He is no further than the door of your heart; there he stands patiently awaiting whoever is ready to open up and let him in. No need to call him from afar. He can hardly wait for you to open up. He longs for you a thousand times more than you long for him."

In response to Meister Eckhart's encouragement, we will spend these days in silence with periods of centering prayer, daily conferences on the spiritual journey paying particular attention to some of the insights developed by Fr. Martin Laird's recent books, *"Into the Silent Land"* and *"A Sunlit Absence,"* and daily Eucharist. Fr. Bill and the Sisters will be available for private conversations throughout the retreat.

Please note: *Introductory sessions* on the practice of Centering Prayer *will not be offered.* It is required that you have a well established centering prayer practice, preferably for at least 1 year.

Please bring with you:

- Journal, writing paper & pen.
- Comfortable clothing and a shawl or sweater for layering.
- Personal toiletries and robe.
- In this atmosphere of quiet, there are no bells rung during this retreat for rising, meals, or sessions. We recommend you bring an alarm clock or watch.

Cost

The suggested offering for this 6-day retreat is \$425.00. To register for this retreat, please mail in the enclosed Reservation Form with your deposit of \$100.00 or call us at 703.356.4243 to register.

Reservations are Required

Deposit Amount: \$100.00

Int. Centering Prayer, July 6-11, 2012

Name _____

Address _____

City _____ State _____ Zip Code _____

Home Phone _____

Work Phone _____

E-mail _____

Have you made retreat here before? _____

Do you require a main level bedroom? _____

Method of Payment (check one)

Check VISA/MasterCard

Total amount of Check or Charge: \$ _____

Credit Card _____ Exp. Date _____

Name on Card _____

Signature _____

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7103 Old Dominion Drive
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