



*Quiet; to hear the Voice within*

## SILENT RETREAT

JULY 21-26, 2009

Tuesday 7:30 pm to Sunday 3:00 pm

Choose a private or directed retreat experience to suit your needs  
Open to women & men, religious & lay persons

*Let us, then, labor for an inward stillness –  
An inward stillness and an inward healing;  
That perfect silence where the lips and heart  
Are still, and we no longer entertain  
Our own imperfect thoughts and vain opinions,  
But God alone speaks in us and we wait  
In singleness of heart that we may know His will,  
And in silence of our spirits,  
That we may do His will and do that only.*

*Henry Wadsworth Longfellow*

The time and care we give to our interior life spreads outward to every facet of our lives. Take time to rest, reflect, and strengthen your relationship with God. This silent retreat, open to women and men, begins Tuesday, July 21 at 7:30 p.m. and will conclude Sunday, July 26 at about 3:00 p.m. As we are rooted in the Roman Catholic tradition, Eucharist will be celebrated daily (with the exception of first day, July 21).

### Choose the retreat format that suits you:

**Private:** Time to be alone in silence. The retreatant follows his/her own schedule of prayer and does not meet individually with anyone on staff during retreat. Reservations may be made for any part of the week or the entire 6 days.

Offering:      \$62.00 per overnight or  
                         \$325.00 for the entire time

**Directed:** The retreatant meets once a day with a director who suggests Scripture passages for prayer and assists the retreatant in discernment of God's presence. It is recommended that those choosing to make a Directed Retreat plan to be here for the full 6 days.

Offering:      \$400.00

### **Directors:**

All are trained in Spiritual Direction and experienced in giving directed retreats.

**Sr. Mary Ellen Brady, O.P., Dominican Retreat**

**Sr. June Fitzgerald, O.P., Dominican Retreat**

**Fr. Bill Wyndaele, C.I.C.M., Missionhurst, Arlington**