

### **Dominican Retreat Mission Statement**

To provide a place of prayer, a holy space, and well-planned and executed programs for individuals and groups to touch the holy and to find peace and renewal.

### **DIRECTIONS**

#### **Off of I-95 North or South**

Follow I-495 West then

Take Exit 46B toward McLean

Follow Rt. 123 North to the 5th traffic light

Turn left onto Old Dominion Drive

Proceed 1/4 mile to the retreat entrance on the left.

#### **From Washington D.C.**

Cross Chain Bridge.

Turn right onto Rt. 123 (Immediately over bridge).

Proceed about 4 miles then turn right onto Old Dominion Drive.

Proceed 1/4 mile to the retreat entrance on the left.

#### **Off of the George Washington Parkway**

Take Exit for Rt. 123 McLean, turn right at top of ramp.

Proceed about 3 miles then turn right onto Old Dominion Drive.

Proceed 1/4 mile to the retreat entrance on the left.



**LETTING  
IN  
THE  
LIGHT**

**Learning to balance the darkness in life with kindness, laughter, mercy and gratitude**

**Weekend Retreat for Women  
May 18-20, 2012**

**Directed by Pat Livingston  
Renowned Author and Speaker**

**Dominican Retreat  
7103 Old Dominion Drive  
McLean, VA 22101  
703.356.4243  
[www.dominicanretreat.org](http://www.dominicanretreat.org)**

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“Letting in the light - and by that, I mean thoughts, feelings, actions, experiences that create positive energy around us - can alter the course of things in ourselves and in our world.”

Pat Livingston, Let in the Light

Dominican Retreat is pleased to welcome Pat Livingston to present a weekend retreat for women. “Letting in the Light” will draw from Pat’s 2006 book titled Let in the Light and her personal experiences and stories. The schedule will be constructed to combine talks by the director with time for personal reflection and prayer, group prayer services and sharing with other retreatants.

**The Director:**



Pat Livingston, a nationally known speaker and award-winning author, is much in demand as a keynote speaker, workshop leader, and retreat director. Pat is best known for her touching, story-telling style of illuminating the presence of God in everyday life. She has a unique gift for opening us to the beauty of our own stories with their special truth of God’s present love.

She lives in Tampa, Florida, and is a wife, mother and grandmother of nine. She is also a personal friend of Sr. Agnes, Ministry Director at Dominican Retreat.

**Letting in the Light**

**May 18-20, 2012**

**Friday 7:15 p.m. - Sunday 1:00 p.m.**

In the midst of a growing sense of darkness in our world, we need to gather together to let in the light. We need to remind each other that the central Christian Mystery is an invitation to joy. In this retreat we will share light from Scripture and science, from literature and laughter, from theology and the wisdom of our lives. Let the Spirit lift our spirits!

The weekend will include:

- Talks by the Director
- Prayer Services
- Vigil Mass
- Time for Prayer & Meditation
- Opportunity to meet with the Director and Sisters one-on-one

**Cost:**

The suggested offering for this weekend retreat is \$275.00. We ask for \$75.00 as a deposit with your reservation. The deposit is non-refundable, but may be transferred to another retreat for up to one year. Our policy is to welcome all people regardless of their ability to pay. The retreat offering includes all meals and overnight accommodations.

**Reservations are Required**

Deposit Amount: \$75.00

**Letting in the Light, May 18-20, 2012**

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip Code

\_\_\_\_\_  
Home Phone

\_\_\_\_\_  
Work Phone

\_\_\_\_\_  
E-mail

Have you made retreat here before? \_\_\_\_\_

Do you require a main level bedroom? \_\_\_\_\_

**Method of Payment** (check one)

\_\_\_ **Check**

\_\_\_ **VISA/MasterCard**

**Total amount of Check or Charge: \$**\_\_\_\_\_

\_\_\_\_\_  
Credit Card

\_\_\_\_\_  
Exp. Date

\_\_\_\_\_  
Name on Card

\_\_\_\_\_  
Signature

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