

Spirituality & Work: A Path of Soul Growth

A Day of Reflection & Prayer for Men & Women



Monday, February 18, 2008

(Presidents' Day)

9:00 a.m. - 4:30 p.m.

Directed by

Jane Guyton, MA

As people of faith and spirit, we know that God is at the core of our lives and work. Our work may be that of raising a family, building houses, teaching, learning, representing clients in court or running a corporation. It is all essential to the building up of our world.

In his book, “**Care of the Soul**”, Thomas Moore says:

“Most of us put a great deal of time into work, not only because we have to work...but because work is central to the soul’s *opus*. ... Work is fundamental to the *opus* because the whole point of life is the fabrication of soul.”

The context for our exploration is the tension that often exists at work between the outer and inner world, the secular and the sacred. We will also explore how to live with integrity, truth, and justice in our work when confronted with challenges or choices to these core values. The question we bring into our prayer, reflection and to our sharing is: how to live effectively within this paradox? This is the spiritual path to which we are called.

The day will include two talks, small and large group discussion, time for prayer, morning coffee, lunch and mass. All are welcome.

Reservations Required. Offering: \$50.00

Jane Guyton, M.A., a Certified Spiritual Director and Accredited Life Coach is the Past Program Manager and Mentor Coach, at the Newfield Network Coach Training School. She has experience as a facilitator at the Fetzer Institute “Healing the heart of Diversity” program and is the past director of Peaceworks Center for Attitudinal Healing.