

### Dominican Retreat Mission Statement

To provide a place of prayer, a holy space, and well-planned and executed programs for individuals and groups to touch the holy and to find peace and renewal.

### DIRECTIONS

#### Off of I-95 North or South

Follow I-495 West then  
Take Exit 46B toward McLean  
Follow Rt. 123 North to the 5th traffic light  
Turn left onto Old Dominion Drive  
Proceed 1/4 mile to the retreat entrance on the left.

#### From Washington D.C.

Cross Chain Bridge.  
Turn right onto Rt. 123  
(Immediately over bridge).  
Proceed about 4 miles  
Turn right onto Old Dominion Drive.  
Proceed 1/4 mile to the retreat entrance on the left.

#### Off of the George Washington Parkway

Take Exit for Rt. 123, McLean  
Turn right at top of ramp  
Proceed about 3 miles  
Turn right onto Old Dominion Drive.  
Proceed 1/4 mile to the retreat entrance on the left.

Dominican Retreat  
7103 Old Dominion Drive,  
McLean, VA 22101  
Tel. 703.356.4243 • Fax 703.893.4502  
[www.dominicanretreat.org](http://www.dominicanretreat.org)

## Palm Sunday Weekend Retreat for Women



March 30 - April 1, 2012

Directed by  
Fr. Sam Vaccarella, TOR

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7103 Old Dominion Drive  
McLean, Virginia 22101  
703-356-4243  
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"In Quiet and In Trust  
Your Strength Lies."

*Isaiah 30:15*

**Prepare for Holy Week and Easter by joining other women of faith for a retreat weekend of Lenten devotions.** The special joy of this retreat is time for quiet reflection and time with God. The retreat begins Friday, March 30th and concludes Sunday, April 1st, after celebration of the Passion and Eucharist.

**Retreat Director:**

**Father Sam Vaccarella, TOR** is a Franciscan Friar of the Third Order Regular of St. Francis. He is the Director of the San Damiano Spiritual Life Center in White Post, VA., the retreat center for the Diocese of Arlington. He has been involved in retreat ministry and has led parish missions for the past twenty-five years. He received his training as a retreat leader and spiritual director at the Franciscan Internship Program in Cincinnati, OH. He uses stories and parables in the context of his retreats.

**Offering:**

The suggested offering for this weekend retreat is \$250.00. We ask for a non-refundable deposit of \$75.00 with your reservation. Should you need to cancel, the deposit may be transferred to another retreat for up to one year.

Reservations may be made by mailing the reservation form with a deposit check or by telephone or fax using a credit card.

**Palm Sunday Weekend  
Retreat for Women**

March 30 - April 1, 2012  
7:30 pm Friday - 3:00 pm Sunday

Each year, Holy Week calls us to relive the Paschal Mystery of Jesus' Passion, Death and Resurrection through the celebration of the Easter Triduum.

To help prepare, we invite you to come away for Palm Sunday Weekend, and slow your pace. Our theme this year invites us to consider the way our Gracious God calls each of us that we might better hear the whispering of the Holy Spirit within. Why not make time for God to speak deep within your heart, and for you to listen? Through the prophet Isaiah, God reminds us that we can find strength for each day. In the meditative reflections of these holiest days, come and see for yourself that "In quiet and in trust...your strength lies."

***The weekend schedule includes:***

- \* *Daily Mass*
- \* *Conferences*
- \* *Sacrament of Reconciliation*
- \* *Rosary*
- \* *Adoration*
- \* *Stations of the Cross*
- \* *Private Prayer time*
- \* *One-on-one meetings with the Director and/or the Sisters*

**Reservation Form**

**Palm Sunday Retreat**

**March 30 - April 1, 2012**

**Nonrefundable Deposit Amount: \$75.00**

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip Code

\_\_\_\_\_  
Home Phone

\_\_\_\_\_  
Work Phone

\_\_\_\_\_  
E-mail

**Have you made a retreat here before?** \_\_\_\_\_

**Do you require a main level bedroom?** \_\_\_\_\_

**Method of Payment** (check one)

\_\_\_ **Check**      \_\_\_ **VISA/MasterCard**

**Amount of Check or Charge: \$** \_\_\_\_\_

\_\_\_\_\_  
Credit Card

\_\_\_\_\_  
Exp. Date

\_\_\_\_\_  
Name on Card

\_\_\_\_\_  
Signature

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