



PRAYER IS A HUNGER

Weekend Retreat for Women

February 15-17, 2008

Directed by Fr. Thomas Ryan, C.S.P.

Prayer expresses our yearning for deeper communion with God. It's a hunger that sends us back unceasingly to the Source of Life. In this retreat, we will focus on 3 different ways of praying: with sacred scriptures, with the body-prayer of fasting, and with a valuable method for prayerfully reviewing the events of each day.

Prayerful living is not just about saying words; it is about being present to the Divine in this moment. "Late have I loved you, O Beauty ever ancient, ever new, late have I loved you!" wrote St. Augustine. "You were with me, but I was not with you."

This weekend will focus on prayer. This offers retreatants a touchstone for personal prayer and reflection while on retreat. The Director's talks and Sisters' prayer services will incorporate the theme as a source of inspiration for retreatants. The focus of the weekend may be on our own hunger for God, but the fare will be a multicourse meal for the soul.

The weekend includes:

- Daily talks by the Director
- Prayer Services
- Reconciliation Service & opportunity for Confession
- Daily celebration of the Eucharist
- Time for private Prayer & Meditation
- Small Groups
- Opportunity to meet with the Director and Sisters one-on-one

The Director

Fr. Thomas Ryan C.S.P. leads retreats in the U.S., Canada, and Europe. He has authored a dozen books, including Four Steps to Spiritual Freedom, Disciplines for Christian Living, Soul Fire, Reclaiming the Body in Christian Spirituality, and The Sacred Art of Fasting. He directs the Paulist North American Office for Ecumenical and Interfaith Relations in Washington, DC.

Suggested offering for a weekend retreat is \$240; a deposit of \$60 is requested with your reservation. The deposit is non-refundable, but may be transferred.